

25
CONGRATULATIONS
You get a warm, safe, affordable house. Other challenges in life are now easier.

24
Payments stop due to an error.

23
Someone introduced your housemate to P.

22
You are too anxious to bring up urgent issues with the landlord in case they increase rent.

21
Your children don't want to move schools when your lease ends.

20

19

18
Helped to get a birth certificate and postal address – You can now get a benefit.

17

16
Funeral costs put you in debt. Finance company rate is 20%.

15

14
You miss a WINZ appointment.

13
Fifty people show up to look at a rental. No success again.

12
Landlord sells the property. You stay in your car waiting for emergency housing.

11
Your parked car is sideswiped. You can't get to work.

10

9
Your housing worker really listens to you, and puts you in touch with some good resources.

8

7
You get a part time job – but it decreases your WINZ support.

6
A delay in getting your bond back means you can't afford the new place without it.

5

4
You break up with your partner. You can no longer afford your rental.

3
You lose your job.

2
Damp housing leads to ill health. Your child goes to hospital.

1

Snakes and snakes of housing

The housing game isn't an easy one. People have often faced multiple challenges before reaching housing services. Your inclusive and positive attitude can make a real difference in people's experiences.

Keeping your tank full.

Working in the area of housing means a lot of the time you are seeing people in tough circumstances a lot of the time.

It can be useful to think about ways you can keep your own "tank" topped up, as it is very normal for your work to impact you. It is very normal for your work to impact you. It can be useful to think of ways to keep your own "wellbeing tank" topped up.

1. What self-talk keeps me energized and hopeful?

e.g. I know my community well and where to go for resources. I can't do everything, but I can do my bit.

2. What things can I do at work, day-to-day to help me stay energized and hopeful?

e.g. short walk outside, 5 mins mindfulness.

3. What things can I do for self-care?

i.e. look after my mind, body, relaxation, relationships...

